



The relationship of the rule of parents with sexual initiation on adolescent in class XI

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ABSTRACT

Sexual initiation is the initial stage for a person to recognize the desire to carry out deeper sexual acts, therefore the role of parents is very important in the life and development of children. Parents have a role in educating, providing role models, guiding children and supervising their children in preventing sexual initiation behavior. The purpose of this study was to determine the relationship between parental roles and sexual initiation on adolescents in class XI SMA Negeri 5 Medan City. The research design used in this study uses a cross sectional. Sampling using purposive sampling technique a sample size of 81 respondents. The instrument uses is a questionnaire with data analysis using the Chi-square. The results showed that the role of good parents are 70 people (86.4%), light sexual initiation are 69 people (85.2%).test statistic chi-square with a p-value of 0.000 ($p < 0.05$) showed that there is a relationship between the role of parents and sexual initiation in class XI of SMA Negeri 5 Medan. It is expected that parents will set a time limit in using gadgets/social media and spend time with their children to discuss.

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1. INTRODUCTION

Adolescence is a transitional period from childhood to adulthood starting from the age range of adolescents 10 years to 24 years and have never been married (Diananda, 2018). Adolescents will experience changes ranging from their insights to the action patterns of adolescents, this is produced by the existence of an outsider or western culture, which brings freedom and information open freely to anyone, so that it can provide opportunities for them to behave in a way that is not positive about sex (Winarti, Yuliani, Oktavia, 2020)

In this situation, adolescents will try to vent their sexual direction to the opposite sex through dating relationships, thus increasing the possibility for adolescents to engage in risky sex, this is included in sexual initiation in adolescents (Oktavia & Winarti, 2020).

Sexual initiation is the behavior of a person who is carried out by the opposite sex or the same sex due to the encouragement of sexual desire. Sexual initiation is also the initial stage of a person to get to know until there is an urge to engage in sexual acts regarding deeper matters. There are various forms of sexual initiation, such as dating, holding hands, holding hands with the opposite sex, kissing, touching sensitive parts, and rubbing sensitive parts together, oral sex, to having deeper sexual intercourse. Premarital sex initiation is getting higher and becoming a hot issue in society not only in the surrounding community but worldwide (Mualifah & Punjastuti, 2019).

WHO 2018, revealed that around 21 million adolescent girls from 15-19 years old, in developing countries pregnancy outside of marriage 49% per year. Nigeria 15-19 years had premarital sex, about 38% of women and about 57% of men (Adawiyah & Winarti, 2021). From KPAI in 2018, revealed that teenagers in Indonesia have been proven to have sex at a young age with a percentage of 22.6% of teenagers, 62.7% of high school teenagers (SMA) are not virgins, 97% have watched pornography, 21.26% have had abortions (Safira, 2020). Data from BKKBN in 2018 said, in the city of Medan, the results were 40% of high school teenagers, this case occurred in the Medan Marelan, Medan Tembung and Medan Belawan sub-districts (Erma & Mahuli, 2020). Therefore, the role of parents is very important to be able to change the behavior of teenagers.

The role of parents is needed for sex education directly to children and can initiate open communication about sexual matters. However, in reality, many parents view sex education in children as something very taboo, so sex education is rarely applied in the family. Teenagers will be more inclined to find out for themselves through various other sources such as through their friends or through various print and electronic media. The internet can be accessed by anyone and at any time, so that it can cause adolescents to misunderstand and will plunge adolescents towards free sex which is not in accordance with existing norms (Sinaga, 2018). The role of parents is good as much as 55.4%, because it has an impact on sexual initiation to prevent sexual initiation behavior compared to the role of parents who are less and there is a strong relationship between the role of parents and sexual initiation. Where it falls into the strong category and there is a significant relationship between the role of parents and sexual initiation, if parents play a good role in the care and supervision of their children, children avoid sexual initiation (Winarti & Alamsyah, 2020).

Based on the above background, researchers are interested in raising the title of the relationship between the role of parents and sexual initiation in adolescents in class XI SMA Negeri 5 Medan City in 2022.

2. RESEARCH METHOD

Methods This study was conducted using descriptive research. The design used was a cross-sectional design where data collection was carried out simultaneously (Polit & Beck, 2017). The research was conducted at SMA Negeri 5 Medan city. The sampling method used was purposive sampling with a total sample size of 81 respondents. The instrument in this study was a Guttman scale questionnaire with the Kuder-Richardson coefficient method, the reliability value obtained was $\alpha = 0.920$ (Winarti & Alamsyah, 2020). 22 statements. The test used in this study is the Chi-Square Test with a p-value of 0.000 ($p < 0.05$) indicating a relationship between parental roles and sexual initiation in class XI SMA Negeri 5 Medan.

3. RESULTS AND DISCUSSIONS

The following is a table of research results regarding the frequency distribution of demographic data, the role of parents, sexual initiation, the relationship between parents and sexual initiation at SMA Negeri 5 Medan city in 2022. The following is a table of research results regarding the frequency distribution of demographic data, the role of parents, sexual initiation, the relationship between parents and sexual initiation at SMA Negeri 5 Medan city in 2022.

Table 1. Distribution of demographic data

Characteristic	F	%
Kelas		
IPA 1	5	6,2
2	7	8,6
3	7	8,6
4	7	8,6
5	7	8,6
6	6	7,4
7	7	8,6
8	7	8,6
9	5	6,2

IPS 1	7	8,6
2	9	11,1
3	7	8,6
Total	81	100
Age		
16	25	30,9
17	50	61,7
18	5	6,2
20	1	1,2
Total	81	100
Father Job		
No Job	3	3,7
Self-employed	62	76,5
Civil Servant	13	16
Farmer	1	1,2
Army	1	1,2
Labor	1	1,2
Total	81	100
Mother Job		
No Job	0	0
House wife	59	72,8
Self-employed	8	9,9
Police	1	1,2
Civil Servant	12	14,8
Farmer	1	1,2
Total	81	100
Live with parents	80	98
Ya	1	1,2
Tidak		
Total	81	100
Dating Age		
10-13	11	13,6
14-17	70	86,4
Total	81	100

Based on the table, it can be seen that judging from the demographic data of SMA Negeri 5 Kota Medan students, the majority who have a girlfriend are in social studies class 2 as many as 9 people (11.1%), aged 17 years as many as 50 people (61.7%), based on the religion of the majority of Islam as many as 45 people (55.6%), father's job as self-employed (76.5%), mother's job (72.8%), students who live with parents (98%), dating age 14-17 (86.4%).

Table 2. The Role Of Parents

<i>Peran OT</i>	<i>f</i>	<i>%</i>
Kurang	2	2,5
Cukup	9	11,1
Baik	70	86,4
Total	196	100

Based on the table, it was found that the majority of parents' roles were in the good category as many as 70 people (86.4%), with a moderate category of 9 people (11.1%) and a minority of parents' roles in the poor category as many as 2 people (2.5%). With the role of parents who provide information about sexuality, provide ethical and moral values, and provide good morals for adolescents, set a good example for adolescents, provide time limits for adolescents and ask who adolescents go with and punish adolescents, provide solutions to children. Therefore, adolescents will feel cared for by their parents and establish closeness with their children, so that children can be open with their parents.

Table 3. sexual initiation

Inisiasi seksual	f	%
Ringan	69	85,2
Sedang	10	12,3
Berat	3	2,5
Total	81	100

Based on the frequency distribution table and the percentage of sexual initiation, it was found that the majority were in the mild category as many as 69 people (85.2%) and the minority of respondents were 2 people (2.5%) in the severe category. Based on the results of this study, it can be concluded that sexual initiation is the beginning of a person to engage in sexual behavior. This is influenced by the factor of the lack of parental role, peers and technological sophistication so that adolescents can access social media freely which has a negative impact on adolescents, so that adolescents carry out sexual initiation. From the beginning of dating by inviting a partner on a date and making physical contact such as holding hands, hugging and considering it a common thing to happen, therefore the need for supervision to adolescents.

Table 4. The Relationship Between Parental Role and sexual initiation in SMA Negeri 5 Medan Ciy

Peran orang tua	Inisiasi seksual						Total	P= value	
	Ringan		Sedang		Berat				
	F	%	f	%	f	%	f	%	
Kurang	0	0	0	0	2	100	2	100	0,000
Cukup	1	7,7	8	88,9	0	0	9	100	
Baik	68	97,1	2	2,9	0	0	70	100	

Based on the table, the relationship between the role of parents with sexual initiation in adolescents obtained that there are as many as 68 out of 70 adolescents (97.1%) good parental roles with mild initiation, there are as many as 8 adolescents out of 9 adolescents (88.9%) sufficient parental roles with moderate sexual initiation, and there are as many as 1 out of 9 adolescents (7.7%) sufficient parental roles with mild sexual initiation. Based on the results of the chi-square test obtained a p-value of 0.000 ($p < 0.05$) so it can be concluded that there is a significant relationship between the role of parents and sexual initiation in class XI SMA Negeri 5 Medan City in 2022. If the role of parents is good, sexual initiation will also be mild. This is because parents apply their roles to adolescents such as providing supervision to prevent sexual initiation, providing education and establishing closeness with adolescents so that adolescents will be more open with parents and prevent further sexual initiation.

4. CONCLUSION

Based on the results of research with a sample size of 81 respondents regarding the relationship between the role of parents and sexual initiation in adolescents in class XI SMA Negeri 5 Medan City in 2022, it can be concluded: The role of parents in adolescents in class XI SMA Negeri 5 Medan City has a good parental role as many as 70 people (86.4%). Sexual initiation in adolescents in class XI SMA Negeri 5 Medan City with mild categorization as many as 69 people (85.2%). There is a relationship between the role of parents with sexual initiation in adolescents in class XI SMA Negeri 5 Medan City, namely $p\text{-value} = 0.000$ ($p < 0.05$).

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